

# LUNCH MUNCH 4 KIDZ

## MENU SUMMER TERM 2024

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Week1	<p style="text-align: center;"><b>Pasta:</b> Homemade tomato and basil sauce with penne pasta, topped with cheddar cheese</p> <p style="text-align: center;">Followed by: Fruit</p>	<p style="text-align: center;"><b>Chicken Goujons:</b> Chicken goujons with a side of steamed broccoli and sweetcorn</p> <p style="text-align: center;">Followed by: Frubes (yoghurt)&amp; salad platter</p>	<p style="text-align: center;"><b>Chicken Burger:</b> Chicken breast fillet burger in a high fibre bun with a side of baked wedges</p> <p style="text-align: center;">Followed by: PIP Organic fruit lollies and fruit</p>	<p style="text-align: center;"><b>Bolognese:</b> Homemade beef Bolognese with five vegetables in a rich tomato sauce</p> <p style="text-align: center;">Followed by: Organic yoghurt and salad platter</p>	<p style="text-align: center;"><b>Sandwich:</b> Cheese &amp; cucumber salad sandwich</p> <p style="text-align: center;">Followed by: Fruit</p>
Week 2	<p style="text-align: center;"><b>Jacket potato:</b> Jacket potato with cheddar cheese and baked beans</p> <p style="text-align: center;">Followed by: Fruit</p>	<p style="text-align: center;"><b>Chicken Korma:</b> Boneless chicken lightly spiced with tikka spices in a rich creamy sauce with wholegrain rice and peas</p> <p style="text-align: center;">Followed by : Frubes (yoghurt)&amp; salad platter</p>	<p style="text-align: center;"><b>Pizza:</b> Deep pan wholemeal cheese and tomato pizza, topped with mozzarella and cheddar cheese &amp; corn on the cob</p> <p style="text-align: center;">Followed by: PIP Organic fruit lollies and fruit</p>	<p style="text-align: center;"><b>Sausages and mash with peas:</b> Chicken sausages with mashed potato, peas and gravy</p> <p style="text-align: center;">Followed by: Organic Yoghurt &amp; salad platter</p>	<p style="text-align: center;"><b>Sandwich:</b> Cheese &amp; cucumber salad sandwich</p> <p style="text-align: center;">Followed by: Fruit</p>
Week 3	<p style="text-align: center;"><b>Pasta:</b> Homemade tomato and basil sauce with penne pasta, topped with cheddar cheese</p> <p style="text-align: center;">Followed by: Fruit</p>	<p style="text-align: center;"><b>Roast chicken:</b> Roast chicken breast with a side of bulgar wheat dressed with vegetables and feta cheese</p> <p style="text-align: center;">Followed by : Frubes (yoghurt)&amp; salad platter</p>	<p style="text-align: center;"><b>Jacket potato:</b> Jacket potato with cheddar cheese and baked beans</p> <p style="text-align: center;">Followed by: PIP Organic fruit lollies and fruit</p>	<p style="text-align: center;"><b>Bolognese:</b> Homemade beef Bolognese with five veg in a rich tomato sauce and rigatoni pasta</p> <p style="text-align: center;">Followed by:Organic Yoghurt &amp; salad platter</p>	<p style="text-align: center;"><b>Sandwich:</b> Cheese &amp; cucumber salad sandwich</p> <p style="text-align: center;">Followed by: Fruit</p>