Activities at Home

Project: Celebrations"

Dear Parents,
The activity for week: 10 beginning: 8/11/21

Is: Let's celebrate who we are

The activity we will be covering involves:

- Learning more about our friends and teachers
- Talking about what we like and what we do not like
- Looking how we are all different but at the same time we are all beautiful
- Looking at old pictures to see how much we have changed over the years
- Children will create a puzzle with a photo of themselves

Our activity includes:

Our activity will begin by reading a book called "Its ok to be different "by Tod Parr.

Children will be encouraged to discuss what we all have in common and what makes us all different and the importance of being kind to each other regardless of all the physical and nonphysical differences.

We will also talk about why we like certain things and why we dislike other things; we will also discuss what are we good at and what makes us unique.

Children will learn that everybody has a different kind of family, that we can come from different parts of the world, that when we are born is the day we celebrate our birthday and that we all have names and surnames and different genders.

You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.
Our suggested activities are:

Look at books related to the subject such as:

- We are all different and that's amazing by Olga Richie
- Not like others, a hidden picture book about diversity by Jana Broecker

Teach your child to celebrate and be proud of who he/she is.
Start your day with positive affirmations.
Look at your family album and talk about how much your child has changed over the year and celebrate achievements.
Talk to your child and explain to him-her why they are unique e.g. skin, hair eye colour, ancestors, culture and more.
Look at different cultural celebrations around the world and why its celebrated.