



## **Activities at Home**

### **Project: ‘Celebrations’**

**Dear Parents,**

**The activity for week:        5                    beginning: 4<sup>th</sup> October**

**Is: ‘Happy Harvest’**

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#### **The activity we will be covering involves:**

- Understanding why the Harvest Festival is such a special time and why it is important that we celebrate our farmers and the food that they provide for us and our communities
- Talking about some of the different foods that the children think may come from the farm during this time of the year
- Learning the journey that wheat takes to become bread

#### **Our activity includes:**

- Learning the story of ‘The Little Red Hen’
- Observing what wheat looks like and having a try at grinding some in a pestle and mortar
- Making our own small bread loaves to take home

Additional activities to be made available during freeflow

- ‘On the Farm’ small world
  - Farm related literature to be available on book shelves, both fiction and non-fiction
  - Further opportunities to explore dough through playdough activities
  - Learning the song, ‘Big, Red, Combine Harvester’
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**You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.**

**Our suggested activities are:**

- When shopping, discuss with children where the fruits and vegetables that you are buying may have come from
- Become farmers yourselves! Find some seeds that are appropriate to sow at this time of year, plant and monitor them
- Read stories based on the farm or with an Autumnal theme- ‘What the Ladybird Heard’ is a lovely example, as is ‘The Very Helpful Hedgehog’
- Take a trip to an Inner City Farm (Deen City Farm, Kentish Town City Farm or Hounslow Urban Farm are nearby). Whilst these are focused slightly more on animals than crops, it is nonetheless a fantastic opportunity for your child to get chatting with a real life farmer! Alternatively, there are many ‘Pick Your Own Pumpkin’ patches around the South East, so you could have a family day out picking pumpkins ready for Halloween!