



## **Activities at Home**

**Dear Parents,**

**The activity for week 9 beginning: 1<sup>st</sup> March      Title: Once upon a time in Guatemala/Worry dolls**

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**The activity we will be covering involves:**

- Sustaining attentive listening, responding to what they have heard with relevant comments, questions or actions.
  - Using the legend of the Guatemalan worry dolls to talk about feelings and emotions.
  - Working creatively during the activity.
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**Our activity includes:**

- Introduction to the activity by telling the children the legend of the Guatemalan worry dolls, showing them different traditional objects and images of children from Guatemala, through the story we will be talking about some differences of our own environment compared to that of the children in the story. I will also use the story to encourage children to talk about how they might feel in different situations using some premade faces showing different emotions (happy, sad, angry, worried).
  - Making their own Worry dolls using wooden washing pecks and colourful materials.
  - Drawing their faces showing different emotions.
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**You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.**

**Our suggested activities are:**

- Encourage your child to talk about his/her feelings and things that worries him/her using the worry dolls made at school.
- Find out more about the Mayan Worry dolls on the internet.
- Create your own Worry dolls together using recycling materials.