



## **Activities at Home**

### **Project: Once Upon a Time**

**Dear Parents,**

**The activity for week 5 beginning 1<sup>st</sup> February is: “We are going on a Bear Hunt”**

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**The activity we will be covering involves:**

- talking about bears and their main characteristic (how they look, feel, move, what they eat, where and how they live etc)
  - designing and making a bear using a variety of materials
  - learning about hibernation
  - learning a new song
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**Our activity includes:**

- we will read, sequence and talk about the story ‘We are going on a Bear Hunt’ by Michael Rosen
- <https://www.youtube.com/watch?v=0gyI6ykDwds>
- we will talk about various kinds of bears (brown bear, black bear, panda bear, koala bear, polar bear)
- we will discuss where bears live and what they eat
- we will talk about hibernation; we will focus how bears prepare for winter and how they can survive for months without food
- we will learn a new song (to the tune of ‘Frere Jacques’)

*Are you sleeping, are you sleeping?*

*Big brown bear, big brown bear.*

*Are you in your cave now? Sleeping through the winter.*

*Sh-sh-sh! Sleep brown bear.*

*Let's all wake up, let's all wake up,*

*Sleepy bear, sleepy bear.*

*Winter time is gone now, spring is now upon us*

*Wake up now, big brown bear.*

- Take a picture their favourite teddy bear to share with the class.

- We will participate in an art activity and the children will make bears – can you make a bear sandwich at home?

**You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.**

**Our suggested activities are:**

- read bear stories at home e.g., *Bear Snores On* by Karma Wilson or *Why Do Bears Sleep All Winter* by Jane Duden
- make a cave out of box or fabric and let your child pretend to hibernate
- have some "Bear Food"!!- this would consist of a variety of nuts (if your child has not got any allergies), berries, grapes and honey on bread called "bear sandwiches"

