



Activities at Home

Dear Parents,

The activity for week 9 on Thursday 5th November is: **'Ready, steady, GROW!'**

The activity we will be covering involves:

- Understanding what a life cycle is and introduce the stages of a human's life cycle
 - Promoting a discussion with the children about the different stages of their growth
 - Learn new vocabulary and communicate their ideas and thoughts
 - Encouraging critical thinking
 - Developing fine motor skills
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Our activity includes:

- Introduce human life cycle to the children with a presentation and listen to "I am Growing " by Alike and "The growing story" by Ruth Krauss
- Start a conversation about the different stages (baby, toddler, child, teen, adult)
- Encourage the children to create a personalised transition chart using their pictures from birth to big children

You might wish to help your child to explore this topic at home or when you are out and about. Please feel free to approach the teachers for further explanations.

Our suggested activities are:

- Show your child pictures from when they were born until now or share your own childhood pictures with them
- Read some books such as:

 "I used to be the baby" by Robyn Ballard

 "Sometimes..." by Emma Dodd

 "Am I big or am I small?" by Margret Park Bridge