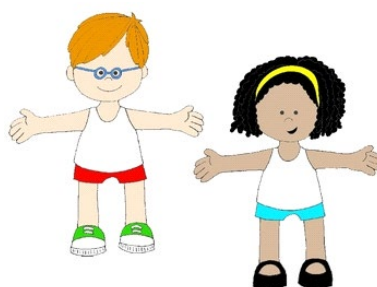


Activities at home



Dear Parents,

The activity for week 8 beginning 2nd March 2020 is:

Here we are - My body

The activity we will be covering involves:

- Talking about our body and how we are all different
- Naming body parts and counting them
- Listening to the story 'Funnybones' by Janet and Allan Ahlberg
- Looking at factual book – 'See inside your body' by Katie Daynes and Colin King
- Naming organs while investigating Squishy Human Body model
- Participating in an art activity- making Xray of a hand
- Working as part of the group to complete my body puzzles

Our activity includes:

- At first we will talk about our body and the children will be encouraged to name body parts. Then we will sing 'Head, shoulders, knees and toes'. The children will be invited to feel their bones.
- Next we will read the story 'Funnybones' by Janet and Allan Ahlberg. Then the children will look at the model of human skeleton and they will listen to the song 'Dem bones'.
- The children will be invited to look at a factual book about human body and they will learn about eating and excreting, breathing air, pumping blood, bones and muscles, breathing air and the senses.
- Later we will look at squishy human body and the children will have the opportunity to investigate the models of human organs such as lungs, stomach, liver, diaphragm, kidneys etc.
- Next the children will be invited to participate in art activity. They will make hand prints and later they place cotton buds to represents the bones.
- At the end the children will be divided into groups and encouraged to work together in order to complete 'My body Inside' and 'My body Outside' puzzles.

**You might wish to help your child to explore this topic at home or when you are out and about.
Please feel free to approach the teachers for further explanations.
Our suggested activities are:**

- Look at factual books about body parts
- Visit Human Biology gallery at the National History Museum
- Take a photograph of your child, encourage her/ him to cut it and make puzzles